

Well-Woman Checkup

What is a Well-Woman Checkup?

This is a yearly checkup with your Primary Care Provider (PCP) or OB/GYN. During this checkup, your provider:

- Does a pap test (pap smear) to check for cervical cancer.
- Does a breast exam to check for breast cancer.
- Does a test for Chlamydia, a sexually transmitted disease many women don't even know they have.

Why Should I Get a Well-Woman Checkup?

- Some serious health problems – such as cancer – may not have any symptoms.
- The checkup can find problems before they become serious.
- If you catch problems early, there's a better chance to cure them.

Who Should Get a Well-Woman Checkup?

- Women who are sexually active
- Women over the age of 21

How Do I Get a Well-Woman Checkup?

- Call your PCP.
- Find an OB/GYN in your area. You can use the "Find a Provider" tab on the Missouri Care website or call Missouri Care at 1-800-322-6027.
- Call your Local Public Health Agency to see if they offer well-woman checkups.

A woman's health can change quickly. That's why it's important to **schedule a well-woman checkup each year!** Use the form below to keep track of your next well-woman checkup.

My Well-Woman Checkup	
Date _____	Time _____
Provider Name _____	
Provider Address _____	

Provider Phone _____	

Need more help? MOC052 Approved 3/13/09
Call Missouri Care's Quality Management Team at 1-800-322-6027.