

Early and Periodic Screening, Diagnosis, and Treatment (EPSDT) Overview

Background

- Since 1989, the federal government has required state Medicaid programs to cover EPSDT services for Medicaid recipients under age 21.
- The goal is to provide preventive health care and follow-up services to Medicaid children.
- In Missouri, EPSDT screenings are also known as Healthy Children and Youth (HCY) screenings, or simply well-child checks.

Periodicity Schedule

Missouri Care follows the **2008 American Academy of Pediatrics** Recommendations for Preventive Pediatric Health Care Schedule as a standard for screening frequency.

Newborn (2 – 3 days)	30 months	12 years
By one month	3 years	13 years
2 – 3 months	4 years	14 years
4 – 5 months	5 years	15 years
6 – 8 months	6 years	16 years
9 – 11 months	7 years	17 years
12 – 14 months	8 years	18 years
15 – 17 months	9 years	19 years
18 – 23 months	10 years	20 years
24 months	11 years	

Missouri Care Health Plan will reimburse for annual screenings.

To avoid missed opportunities for EPSDT screenings, Missouri Care encourages providers to assess a child’s need for an EPSDT screening at every clinical encounter in case the EPSDT interval has inadvertently lapsed. Providers may offer an EPSDT screening to eligible children when they present for:

- Other preventive care (e.g., sports physical).
- A prescription refill
- A sick visit

Please see “*Well Child Visit & Office Visit Billing Guide*” under “HEDIS & Billing Guides” for billing information on office visits and EPSDT screenings.

For more information, please contact Missouri Care Provider Relations at 1-800-322-6027

Early and Periodic Screening, Diagnosis, and Treatment (EPSDT) Overview (cont.)

Components of a Full EPSDT Screening

- Interval Health and Developmental History (both physical and mental health)
 - Missouri Care recommends that providers include a growth chart in the records of children up to age 18
 - Height, weight and head circumference must be plotted on children twelve (12) months and under
 - Height and weight must be plotted on children over twelve (12) months.
 - Missouri Care also recommends that providers plot body mass index (BMI) beginning at age two (2)
- Unclothed Physical Exam
- Anticipatory Guidance
- Immunizations and lab tests, as indicated
- Lead screening and testing, as indicated
- Development Personal-Social and Language
- Fine motor/gross motor skills
- Hearing
- Vision
- Dental screening

Reminders

- To bill for a full EPSDT screening, the above components **must** be met. Please refer to the Missouri Care Provider Manual for complete billing information and a more comprehensive description of the components of a full EPSDT screening.
- Medicaid providers are required by contract to:
 - Utilize the State of Missouri's HCY Screening Guides for the completion of EPSDT screenings:
 - For providers who use paper medical records, the HCY Screening Guides must be signed and dated by the provider and retained in the member's medical record.
 - For providers who use electronic medical records, the HCY Screening Guides are not required, but all components of the Guides must be captured and easily accessible in the medical record.
 - Deliver immunizations and lead screening/testing to eligible children.

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