

## HEDIS Overview

### Background

- HEDIS stands for Healthcare Effectiveness Data and Information Set.
- HEDIS is a set of nationally standardized measures commonly used in the managed care industry to measure a health plan's performance during the previous calendar year.
- HEDIS measures were developed by the National Committee for Quality Assurance (NCQA) and are updated annually.
- The state of Missouri requires Missouri Care Health Plan to report specific measures annually to the Department of Health and Senior Services (DHSS) and to the Department of Social Services, MO HealthNet Division (MHD). Measures also are subject to a national audit and are reported to NCQA.
- Several HEDIS measures are used as quality measures to benchmark performance in the Missouri Care Provider Profile. These measures are indicated with an asterisk\* below.

### Measures

Missouri Care reports annual HEDIS measures for the following areas:

- **Effectiveness of Care** assesses the delivery of preventive services and services related to chronic disease.
  - Childhood Immunizations (including lead testing)\*
  - Adolescent Immunizations\*
  - Breast Cancer Screening
  - Cervical Cancer Screening\*
  - Chlamydia Screening in Women\*
  - Appropriate Testing for Children With Pharyngitis
  - Appropriate Treatment for Children With Upper Respiratory Infection
  - Use of Appropriate Medications for People with Asthma\*
  - Avoidance of Antibiotic Treatment in Adults With Acute Bronchitis
  - Controlling High Blood Pressure
  - Cholesterol Management for Patients With Cardiovascular Conditions
  - Comprehensive Diabetic Care
  - Use of Imaging Studies for Low Back Pain
  - Antidepressant Medication Management
  - Follow-Up Care for Children Prescribed ADHD Medication
  - Follow-Up after Hospitalization for Mental Illness\*
- **Access / Availability of Care** assesses the availability of health care to plan members.
  - Prenatal and Postpartum Care
  - Annual Dental Visit\*
- **Satisfaction with the Experience of Care** measures member satisfaction. Missouri Care collects data for the Childhood Survey.\*
- **Use of Service** addresses utilization measures, such as discharge rates and average length of stay.
  - Well-Child Visits in the First 15 Months of Life\*
  - Well-Child Visits in the Third, Fourth, Fifth, and Sixth Year of Life
  - Adolescent Well-Care Visits\*
  - Frequency of Prenatal Care
  - Ambulatory Care\*
  - Mental Health Utilization
  - Identification of Alcohol and Other Drug Services

For more information, please contact Missouri Care Provider Relations at 1-800-322-6027

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## PREVENTIVE CARE TOOLKIT

### **HEDIS Overview**

#### **Rate Calculation**

- HEDIS rates are calculated using one of two approaches:
  - Administrative approach (i.e., claims review only)
  - Hybrid approach (i.e., a combination of claims review and medical record review).
- Each spring, Missouri Care's Quality Management staff members contact provider offices to conduct medical record review.